



RONALD L. RECEVEUR, DDS
IMPLANT, IV SEDATION & COSMETIC DENTISTRY

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Consumers Guide for Oral and I.V. Sedation Dentistry

What You'll Learn in This Guide

There is good news for even the most fearful, anxious and terror-stricken dental patient: *You can receive dental care without:*

- ☑ *Pain,*
- ☑ *Repeated, unnecessary appointments, or*
- ☑ *Feeling self-conscious about the condition of your teeth.*

What you will find in this guide is the reassurance that you can:

- ↪ Find comfort,
- ↪ Have dental procedures done without bad tastes, sounds or memory,
- ↪ In a healthy, safe environment and in a way respectful of your wishes.

All of this is possible thanks in part to the latest trend in dentistry - the use of new sedation techniques. Sedation allows patients to receive care who might have otherwise been too fearful to go into the dentists' office.

Many dentists advertise Sedation Dentistry. This guide, however, will also show you they are not all meaning the same thing, and why that matters.

What is the Difference Between Oral Conscious Sedation and I.V. Sedation Dentistry?

If you think in terms of a continuum you'll grasp the concept of Oral Conscious Sedation and I.V. Sedation. Some patients do well and are comfortable with being awake and aware of what is going on during a procedure while others would rather be completely unaware and asleep. In between these two extremes are several variations.

In short, Sedation Dentistry can be divided into two forms. ***Oral Conscious Sedation is the range of sedation during which you are awake and still somewhat aware during a dental procedure. I.V. Sedation is a much deeper sedation and refers to the use of sedation techniques where you are more deeply sedated and unaware of what is happening during the dental procedure.***

Dentists who are able to offer the full, broad spectrum of what is known as "Sedation Dentistry" can help patients determine the best method for them in preparation for treatment.



Important Distinction!

Some dentists use the term "Sedation Dentistry" and the patient doesn't realize that there are other options, such as I.V. Sedation.

I.V. Sedation requires a much more rigorous certification, training and licensure by the state of Indiana, so very few dentists offer it.

There are several methods of Sedation Dentistry on the continuum between Oral Conscious Sedation and I.V. Sedation. Using the one that is right for you will be determined by many things:

- **The level of fear or anxiety you have when thinking about seeing a dentist or having a dental procedure completed.**

Example: If you have mild anxiety about seeing a dentist you probably will do well using Oral Conscious Sedation. However if you are gripped with fear thinking about drills, shots, bad tastes, noises or pain you might find more comfort with a deeper sedation like I.V. Sedation.

- **Your personal health history.**

There can be prior health concerns or ongoing health risks which make some forms of Sedation Dentistry unwise. You'll want to discuss your health history with your dentist.

- **The method best suited to the procedure you are considering.**

Not all procedures might require I.V. Sedation. Not all people do well with Oral Conscious Sedation. You should, in consultation with your dentist, be able to determine what is best for you.



What This Means for You!

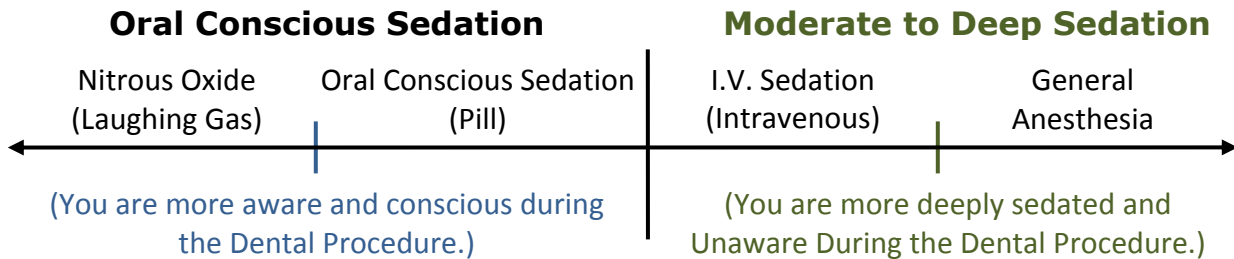
With modern sedation techniques offered by a dentist who is certified in Oral and I.V. Sedation Dentistry, you can receive dental treatments despite your fear of:

Drills Shots Smells
Noises Tastes

...or other unpleasant things you associate with dental visits. You can smile again!

The Four Basic Methods of Sedation and Sleep Dentistry

If you think back to that continuum of Sedation Dentistry which runs between Conscious Sedation Dentistry and Sleep Dentistry you'll find four main forms of sedation:



Conscious Sedation Dentistry

Nitrous Oxide (Laughing Gas)

Nitrous oxide is a gas that is generally used to help you feel more relaxed during a dental procedure. It is inhaled through a small rubber inhaler placed over your nose. The effects of it wear off within minutes after use. *It is best used for patients with mild anxiety in the dental office or/and for short, uncomplicated dental treatments.*

Oral Conscious Sedation

Oral conscious sedation is accomplished with a pill and best taken on an empty stomach. While you'll still be awake during this level of sedation you'll feel very relaxed, almost sleepy, and be less aware of what is going on in the dentist's office. It offers a deeper level of relaxation than nitrous oxide. Because people react differently to medications, however, the level of sedation is harder to control. Also, the effects of the pill do not take immediate effect so adjusting the level of sedation quickly during a procedure is almost impossible. *Oral conscious sedation is best used with patients who have mild fear about dental appointments, have a mild gag reflex and when procedures are fairly short in duration.*



A Point of Concern!

These first two levels of sedation dentistry are where many dentists stop! While they say they offer sedation dentistry they do not offer the following two levels of sedation which are important for many fearful patients!

Intravenous (I.V.) Sedation

I.V. Sedation is the greatest advancement for fearful dental patients in decades, perhaps ever. It produces sleep within about a minute so that the patient afraid of dental procedures can have treatment without having to get over their fear. They will receive treatment without feeling pain, remembering or experiencing the smells, tastes or noises of dental visits.

Administering I.V. Sedation is quick, predictable and can be adjusted during treatment so the procedure can be easily completed. In addition, because the patient is asleep, prolonged procedures are easily completed without the need for numerous visits.

I.V. Sedation is often the answer for people with moderate to severe fear of the dental office and dental procedures. It is also a useful method of sedation when the treatment is prolonged or complicated because it allows these treatments to be completed in one or two visits.

General Anesthesia

Like I.V. Sedation, General Anesthesia produces a sleep during which the patient will not hear, smell or taste the dental procedure. It is generally administered by a Certified Registered Nurse Anesthetist (CRNA) and is typically carried out in a hospital. It has many of the same benefits of I.V. Sedation; quick to administer and adjust during a procedure and provides a way for long or complicated procedures to be carried out in one visit. *General anesthesia is called for with patients who are phobic, not able to physically or behaviorally cooperate with the dentist or have a special medical condition that could cause a risk using other methods.*



What This Means for You!

If you are one of the 145,000,000 Americans who avoid the dentist, mostly out of fear, treatment is now a possibility! Experience no pain or none of the other things that typically hold people back from seeing the dentist!

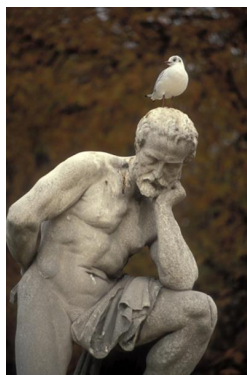
Now you know that there are at least four forms of sedation dentistry; two whereby you are still awake during a procedure (nitrous oxide and conscious oral sedation) and two whereby you are asleep and unaware during a procedure (I.V. sedation and general anesthesia).

You may still have a few questions. Here are the most common ones we hear:

1. Do all dentists offer all forms of sedation dentistry?

No! While many dentists advertise that they offer sedation dentistry the fact is very, very few are trained and certified to offer I.V. Sedation. Certification requires a lot of study, difficult testing and the purchase of special equipment. You may hear phrases like "Sleep through your procedure!" or "Wake up and be done!" implying you'll be asleep during your dental appointment. The fact of the matter is most dentists can only offer laughing gas or pills for oral conscious sedation. Some patients who are very fearful find that they are still conscious and aware of what is going on and still able to hear and taste the things that many find objectionable or fearful.

If you are seeking a deeper sedation, where you have less awareness of what is going on and want to be promised comfort and unawareness of the dental procedure, you might want to consider I.V. Sedation.



Points to Ponder...

- ↪ If you are afraid of dental visits...
- ↪ If you break out in a sweat just thinking about calling for an appointment...
- ↪ If you can't stand the smells, drill noise, tastes, needles or have a severe gag reflex...

...then choose a dentist who can offer you all levels of Oral and I.V. Sedation!

2. My concern goes beyond what I'd call 'anxiety' about seeing a dentist. I'm frantic when thinking about having my teeth worked on. Will my dentist understand?

Depending on where you get your information or which article you read you'll find that somewhere between 35 - 50% of Americans put off dental care because they are afraid of the dentist. You are not alone.

Understanding dentists know that what many patients call 'fear' can actually be divided into 3 groups, and your level of sedation will be highly influenced by which category you fall in to:

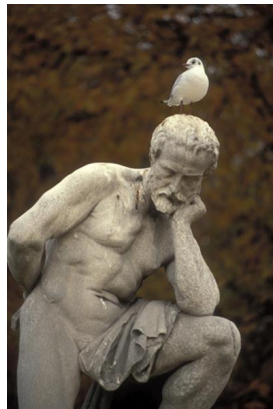
Fear – This is a normal reaction to an unpleasant, past experience. If you are fearful of seeing a dentist or of having a procedure it is probably

due to a past, painful or unpleasant situation. It is a very common reaction.

Anxiety – Anxiety is a lot like fear with one major difference; it is based on the anticipation that something bad could happen, not on a real and present danger. The anxious patient will put off dental visits, sweat and stew about making the appointment or avoid having treatment all together.

Phobia – This is an intense, unreasonable fear of a situation. It leads to total avoidance of the situation the person fears.

The three distinctions call for differing approaches to sedation. A dentist who is certified in all levels of Sedation Dentistry has taken the time to study the major fear classifications and compassionately offers solutions to each one.



Points to Ponder...

Fearful, anxious or phobic...all can be treated compassionately and understood by a dentist who is certified in all phases of Sedation Dentistry. Such a dentist will have a specific solution to a patient's level of fear, understand that fear and in consultation with each patient develop a plan for sedation everyone can be comfortable with.

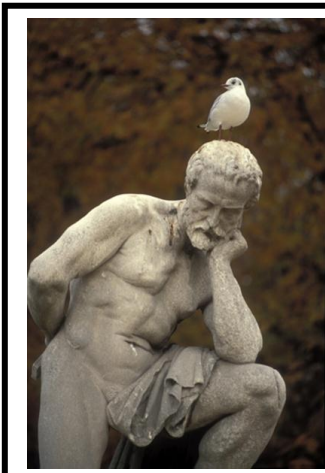
3. Will I have to overcome my fear, anxiety or phobia before seeking dental treatment?

No, not if your dentist can deliver the full range of sedation dentistry techniques. If he or she is certified in I.V. Sedation you'll be able to be given a level of sedation which is right for you. You won't have to wait for some sort of therapy to resolve your fear issues.

Why is this important? Simply because by putting off dental care you run the risk of several things:

- Lack of preventative care can mean more costly treatment down the road.

- The buildup of bacteria in your mouth can actually lead to serious health problems in other parts of your body. Long lasting infections and inflammation can lead to heart disease, make diabetes harder to control, increase the risk of pneumonia or respiratory problems and increase the risk of a stroke. For pregnant women it can also increase the risk of having a low birth weight or pre-term child.
- Those with unhealthy mouths can suffer from poor nutrition, low self-esteem and fear intimacy with others.



Points to Ponder...

You do not have to wait to receive dental care any longer. You do not have to:

- ↪ Be self-conscious about your appearance or breath.
- ↪ Suffer through painful chewing while eating or avoiding certain foods.
- ↪ Run the risk of other health problems realizing the mouth is the "window to the rest of your body".

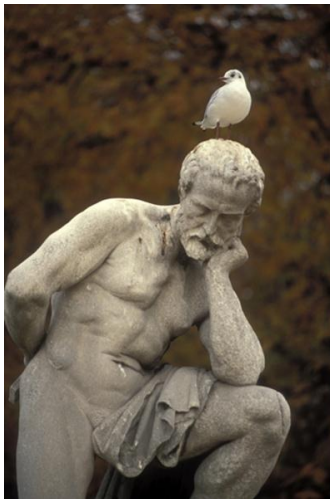
4. Can people with special needs that make understanding what is going on in a dentist's office difficult, or can those with chronic health problems that make sitting still impossible, still receive dental care?

Yes they can. When the dentist is informed about the special needs or physical limitations with a patient, a level of sedation can be chosen that is appropriate for their needs.

Example: Someone with autism may not understand why a stranger with a mask is peering down on them. It can be a scary situation for the patient and the dentist. In this case I.V. Sedation can help by helping the autistic patient be less aware of what is going on around him than with Oral Sedation.

Example: A person with a condition such as cerebral palsy may not be able to sit still. I.V. Sedation can help minimize sudden movements which can be dangerous for the patient and lead to frustration on the part of the dentist.

Whatever the special consideration any person may have, I.V. Sedation will probably offer the safest, quickest and gentlest way for dental procedures to be completed.



Points to Ponder...

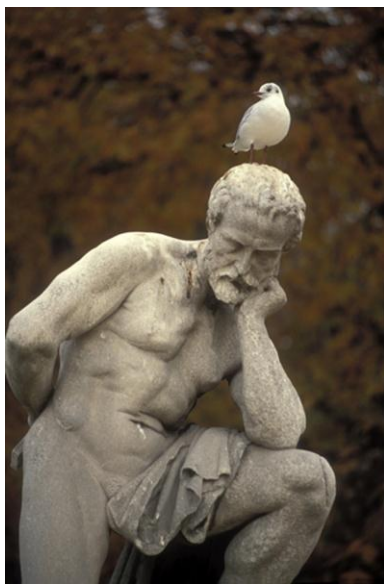
When you are considering dental treatment for yourself or a loved one with a special need or health concern, find a dental office that offers I.V. Sedation.

You do not need to be forced into a conscious sedation technique that puts you or your loved one at risk because that is all the dentist can offer. Ask for I.V Sedation, and if your dentist doesn't offer it go elsewhere.

5. I've put off dental care for so long I'm ashamed of the condition of my teeth and smile. How do I know I won't get a lecture or feel berated when I finally do go in for treatment?

Dentists who offer a full range of services, from Oral to I.V. Sedation are used to helping "Big Chickens" every day. They know that ridiculing or lecturing a patient about the health of their mouth is counterproductive.

- Ask friends, family and acquaintances what their experiences with the particular dentist you are considering have been like. You'll get a straight answer.
- See if the dentist has a website and look for testimonials about how others have been treated. The law actually states that testimonials on websites have to be a representative sampling of all testimonials received. If on video, do the testimonials look forced? Does the person look like "they are just saying that", or do they look genuine?
- See if you can talk to the dentist ahead of time and get a feel for his or her personality. Does it fit yours? Does it make you feel comfortable?



Points to Ponder...

If you have put off your dental care, for any reason, you don't need to be lectured or chastised in a dental office. There are dentists and staffs that are compassionate and understand your fears. There is no benefit for a doctor or staff to lecture you about how "you should take better care of your teeth" or "you should have been here sooner". If a dentist or hygienist has a 'holier than thou' attitude, maybe you would feel more comfortable with someone sympathetic to your anxieties and fears.

What's Next?

You now know a lot about Sedation Dentistry. You know that:

- ✎ There are several levels of sedation along a continuum that is divided into two parts: Oral conscious sedation and I.V. Sedation.
- ✎ Oral Conscious is a light sedation that relaxes the patient, but they are still somewhat aware of their surroundings, noises, tastes and conversations. The two main forms of conscious sedation are nitrous oxide gas and oral sedation (pills).
- ✎ I.V. Sedation is a deeper sedation where the patient doesn't have to remember or be aware of things that are unpleasant.
- ✎ Not all dentists offer the full range of sedation dentistry. Because dentists do not have to differentiate between 'oral conscious sedation' and 'I.V. Sedation' in their advertising many *appear* to offer patients a full range of sedation dentistry, but in fact they cannot.
- ✎ I.V. Sedation dentistry is a major advancement for those with fears, anxiety or phobias regarding dental treatment. It is also an appropriate solution for those with health conditions or special needs who cannot sit still or understand the need for a dental treatment.
- ✎ Those with fears, anxiety and phobias towards dentists or treatment do not have to wait to get over their level of fear before seeking treatment. There is a sedation level that is right for anyone.

- ↪ With I.V. Sedation you can have procedures completed in one or two visits that might have required 6-8 visits in the past.
- ↪ Regardless of your level of fear (fear, anxiety or phobia)...
 1. There is a level of sedation appropriate for you.
 2. You do not need to live with a self-conscious smile, bad breath or painful chewing any longer.
- ↪ Regardless of the reason for a prior lapse in dental care you do not have to be berated, made to feel like a scolded child or lectured to by a dentist or hygienist regarding the condition of your teeth. Dentists that permit or do this are not understanding of your fears, nor are they appreciative of your trust.

What This Means for You!

1. You have a right to find a dentist who offers the full spectrum of sedation dentistry. Don't settle for one that only offers conscious sedation if you have a high level of anxiety.
2. You have a right to be treated in a compassionate, understanding manner and in accordance with your concerns and fears.
3. You have a right to discuss your fears, anxiety and phobias with your dentist, and he or she should not only understand them but offer treatment and sedation that is appropriate for you.
4. You have the right to completing your dental procedure or treatment with as few visits as possible. I.V. Sedation dentistry can ensure one to two visits versus multiple returns.
5. Despite fears, anxiety or phobias you have the right to a healthy mouth, comfortable eating, eating whatever you desire and a beautiful smile, all without:

Pain

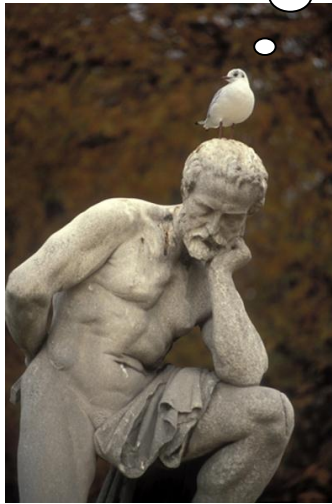
Horrible Tastes

Gagging

Unpleasant Noises or Smells

Unpleasant Memories of the Procedure

Chastisement



This guide has been provided by Dr. Ron Receveur. We hope it was helpful and educational.

Definitions and dental options covered in this material are for information only. This guide is not intended to replace a personal consultation with your dentist.

Dr. Receveur is dedicated to helping those with fears, anxieties and phobias overcome their avoidance of dental treatment. He also believes everyone, regardless of fears, past experiences or the current condition of their teeth has the right to a beautiful smile and comfortable bite. Because of this pledge to all of his patients he has taken the time and expense to become certified in I.V. Sedation Dentistry. He is one of only a few restorative dentists in the state of Indiana to do so.

To learn more about Dr. Ron Receveur, Oral and I.V. Sedation Dentistry and his caring approach to your health and smile, please go to www.IndianaSmiles.com or www.NewAlbanyImplants.com, or call his office at **888-785-7635**. He is located at 819 Mount Tabor Road in New Albany, IN.

Finally, There's Hope for Those with Serious Dental Problems.

If you:

- Are wearing dentures
- Are wearing partial dentures
- Have missing teeth or painful teeth
- Have a horrible fear of the dentist

You'll be glad to hear that Dr. Receveur's Special Method of Rehabilitative, Implant, Sedation and Cosmetic Dentistry was designed specifically to give you back the dental comfort, ability to eat what you want, to make you feel better about yourself, and to allow you to see yourself with the beautiful smile you deserve.

You Deserve to Eat and Smile Again...

Dr. Receveur's practice is the only dental practice in New Albany and Southern Indiana that is dedicated ONLY to Complex Rehabilitative dentistry, Dental Implants, Cosmetic dentistry and IV Sedation, and that can offer "Teeth-in-One-Day" and handle all of your dental needs from start to finish in one office location with the comfort and safety of I.V. sedation. We are the only office in the Louisville area of this kind who offers Galileos 3D CT Scan imaging, so you can have the precision and accuracy of CAT scan radiography without leaving our office. In addition, we are the only dental office of its' kind in the entire greater Louisville area that gives you peace of mind with a written dental warranty with all of your care.

"About Dr. Receveur"

Dr. Receveur was born and raised in New Albany, Indiana. He graduated from Indiana University Southeast, where he received his undergraduate degree with honors in Chemistry. He earned his Doctorate in Dental Surgery from the Indiana University School of Dentistry and has been providing cutting-edge, compassionate dentistry to Southern Indiana and Greater Louisville residents since 1981. Dr. Receveur participates in extensive continuing education, accruing over 5000 hours of Post Graduate training and completing numerous advanced certifications in Comprehensive Restorative, Implant, Sedation, and Esthetic Dentistry, so he can provide state-of-the-art dentistry to his patients.

Dr. Receveur's practice focus is on Cosmetic, Sedation and Implant dentistry. He is a "life-time learner". He is a leader in pursuing advanced post-doctoral education in his field from the best by traveling all over the world and training with the best clinicians. This allows him to perform the latest cutting edge services and treatments by delivering the finest care to his patients in the most comfortable, personalized and caring manner. He pursues approximately 200 hours of post-doctoral CE each year, despite only 16 hours being required per year per Indiana State dental laws.

For many years, Dr. Receveur was a Regional Coordinator with a national practice management group committed to delivering the highest level of care to their patients. He taught other dentists how to improve the quality of all facets of their dental care delivery. He is a speaker for numerous civic, professional and peer groups on topics ranging from Cosmetic and Metal-Free dentistry, management of pain associated with the neck and jaw dysfunction, IV Sedation and Dental Implants.

Aside from being a perfectionist about his work, Dr. Receveur would like to think of himself as a good communicator. "Patients want to be educated about their health care so they can make intelligent decisions. To do that, we have to be good communicators. For nearly 30 years, we've strived to help patients understand all of

their options and taken pride in offering them practical solutions to their dental problems". Because of this dedication, Dr. Receveur was voted "BEST DENTIST" four years in a row in a local newspaper opinion poll.

Certified in Oral Sedation, Sedation Solutions (Medically Complex patients) and IV Sedation, Dr. Ron and his staff offer many alternatives to **guarantee their patients' comfort**, from the compassionate way they do everything, to the wide range of sedation options.

Dr. Receveur explains their approach, **"You Don't Have To Be Afraid Anymore!"** "Come see us and let us show you what a difference it makes when you find a dentist that has a true passion for what he does, a sensitivity for your needs, and a genuine concern for your comfort. We get a lot of pleasure and satisfaction from helping fearful patients manage their fears and anxieties."

My Childhood Experience with Dental Prosthetics and Bridges

My quest to find the best solutions for people with missing teeth wasn't just a professional decision...it grew from my own painful personal experiences...read on...

I was born with a congenitally missing tooth, associated with a partial cleft palate. Throughout my childhood I wore an awful removable plastic partial to replace one of my front teeth. I've always known the feeling of having something cumbersome and ineffective in my mouth. I was able to chew much better without it, so I removed it whenever I ate at home, but I was too embarrassed to do that in front of others. Eating with that partial in place really took all of the enjoyment out of my meals.

As a teenager, I was able to get a traditional bridge made. This was done when permanent bridges were common, and I had to have the teeth next to the missing tooth ground down to support the bridgework. However, grinding the enamel away from healthy teeth is far from the best choice in the 21st Century.

Naturally, I always had a greater sensitivity for people with missing teeth than my fellow dental students and I learned everything I could about replacing missing teeth. What I learned in dental school was just the tip of the iceberg and the foundation for a lifetime of learning and study.

As a senior in dental school, I decided it was time to replace my basic dental work with something more high-tech. I was in for the shock of my life when they removed that bulky old bridge—one of my formerly perfect teeth had been ground down to a "toothpick". I swore then and there that I would always try to do the right thing, in my mind, when helping patients with missing teeth.

My Search for the Truth about Dental Implants

It was easy to see that dental implants were the answer to so many dental problems, but I never understood why so little time had been spent on this in dental school, because **missing teeth are a huge problem for people**.

I decided to seek out the **"best of the best"** for my own personal training. I started with Nobel BioCare, the largest manufacturer of implants in the world. I studied their systems and prosthetics under Dr. Jack Hahn, a Cincinnati dentist who had placed over 30,000 implants.

The Midwest Implant Institute in Columbus, Ohio was the clear place to get the implant training I wanted, which was under the supervision of Dr. Duke Heller, the founder. He had placed 35,000 dental implants and is an expert and icon in the implantology field. He actually invented many of the instruments and techniques that are used today. Doctors fly to Columbus, Ohio from all over the world to train under Dr. Heller, and I am so grateful for the opportunity to work with a true implant legend right here "in my own backyard."

You Can Have Beautiful... ...Permanent Teeth Again!

We offer people these Real Solutions:

- **The fastest possible permanent replacement for dentures and missing teeth with Dental Implants! ("Teeth in One Day"™)**
- **Dental Implants that attach your teeth firmly so you can chew comfortably and eat the foods you love!**
- **Dental care that can be completed in one or two visits, without the sounds, smells, or pain by using Oral and IV Sedation to GUARANTEE your comfort!**

With the latest techniques in Dental Implants and Intravenous (IV) sedation, we can “rescue” the denture patient and even the most compromised individual, no matter how difficult! These people can return to a life of enjoying their favorite foods, a beautiful new smile, and self-confidence. Our goal is for each of our patients to clearly understand all the many exciting options available to them.

Helping people get over their fears and fixing their life-long dental problems is truly a very rewarding experience. We take a great deal of pride in being able to help our patients end their frustration of missing teeth, embarrassing smiles, denture problems and not being able to chew their food, restoring their confidence and chewing ability. By the time we are finished, most of them consider us their personal friends.

Education:

Flaget High School, Louisville, Kentucky, 1973 Class Salutatorian
Bachelor of Arts in Chemistry, Indiana University, 1977 High Honors
Doctor of Dental Surgery, Indiana University School of Dentistry, 1981

Post-Doctoral education:

- Dr. Gus Livaditis, Innovator of the Maryland Bridge; He conducted early research with chemical bonding, now used in cosmetic dentistry to bond porcelain veneers, and acrylics. Dr. Receveur is highly experienced providing smile make-overs, having placed porcelain veneers for over 25 years.
- Dr. Alan Weinstein, Cincinnati: He did clinical testing to improve the strength, durability and beauty of cosmetic bonding materials. The present day cosmetic dentistry is possible because of this early work.
- CEREC training: Computerized CAD-Cam milling of porcelain restorations; Chicago, Illinois
- Invisalign certification & Advanced Certification: Toronto, Canada
- United States Dental Institute: Two Year Orthodontic, TMJ, Chronic Pain Certificate: Columbus, Ohio
- Lumineers by Cerinate (no prep smile makeover with lumineers)
- DOCS training. Oral Sedation for the Fearful Patient
- Sedation Solutions: DOCS sedation training for Medically Complex patients
- Dr. Jack Hahn: Nobel Implant Training; Bone Grafting Training
- All-on-4 clinical residency at Malo Clinic, Lisbon, Portugal, Dr. Paulo Malo: World Renown Innovator for All-On-4 Prosthetics; World Leader in Implant field and associated prosthetics.
- Dr. Neal Patel; Charlotte, North Carolina; At The Ohio State University Dr. Patel served as the Implant Prosthodontic Fellow and established many of the techniques for Digital Implantology and Prosthetics. He lectures internationally in the fields of 3D-Imaging, Computer Generated Guided Implant Surgery.
- Galileos 3D CT scan training: Charlotte, North Carolina; Sirona Dental Systems
- CT Scan Radiology and Pathology; Dr. Donald Tyndall, DDS, MSPH, Director of Radiology and Diagnostic Sciences, The University of North Carolina at Chapel Hill.
- DOCS IV sedation training at Duquesne University associated with the Mylan School of Pharmacy. Comprehensive Pharmacologic, Emergency Medicine, Airway Management, Cardiac Life Support and Patient Management Training.

- Basic Life Support (BLS) Training; Advanced Cardiac Life Support (ACLS) certified
- How to Perform the Simple Procedures of implant placement and restoration Course 301: Midwest Implant Institute (MII), Columbus, Ohio
- Teamwork for a successful implant office; Course 302: MII, Columbus, Ohio
Sterile technique for Implantology; Protocol and Treatment Planning
- Bone Grafting Made Simple; Course 601; MII, Columbus, Ohio
Bone Grafting Materials, membranes, Protein Rich Plasma, Hands-On Surgery
- Extern Program (551/552); Comprehensive hands-on implant surgery externship on real patients. Trained under Dr. Duke Heller at prestigious Midwest Implant Institute, one of the early Innovators in Implant Dentistry. (Only 750 doctors worldwide have attained this level of training.)

Technology and technology partners:

- Digital x-ray Schick Technology & Schick intra-oral camera
- Sirona Galileos 3D CT scan - 3D x-rays of head, neck and the oral cavity.
- Nobel Guide ProCera software for guided (minimally invasive) implant surgeries
- CEREC - CAD/CAM technology
- Align Technology (Invisalign)
- ZOOM - One hour in-office professional whitening as seen on Extreme makeovers.
- Lumineers by Cerinate (no prep smile make-over with veneers)
- Nobel Biocare
- Smile vision



In Portugal with Dr. Paulo Malo, Innovator of the All-On-4 and other leading clinicians from all over the world.



My friends in Portugal from Australia, Italy, Canada, Germany, and the USA (me!). Dr. Malo attracts the best doctors from all over the world to come study with him.



Advanced Dental Care and Implants

Rehabilitative, Implant, Cosmetic and Sedation Dentistry

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